

**Moving Minds Movement Activity to Supplement
Small Group
Math / Science
"Going Shopping" N35**

Materials	Movements	Target Skills
<p>Materials for each child & teacher:</p> <ul style="list-style-type: none"> • Steering wheel covers • Tongs 	<ul style="list-style-type: none"> • Steering covers are placed a "short distance" from the "store". • Child holds the steering cover with 2-hands while long sitting on the floor. • Child "drives" by butt walking to the store. • Child rolls the die. • Using tongs, he picks up the "shop items". 	<ul style="list-style-type: none"> • Body awareness & motor planning • Strength • Coordination.
Materials	Movements	Target Skills
<p>Materials for each child & teacher:</p> <ul style="list-style-type: none"> • Laundry basket • Braided Rope • Tongs 	<ul style="list-style-type: none"> • Same as above except laundry basket is used instead of steering wheel covers. • Rope is anchored to chair adult is sitting in while other end is in laundry basket. • Child climbs into laundry basket and sits with legs straight. • He "drives" by pulling hand-over-hand on rope to get to the "store". • Child rolls the die. • Using tongs, he picks up the "shop items". 	<ul style="list-style-type: none"> • Body awareness & motor planning • Strength • Coordination.

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Shared: Hopscotch Pattern	<ul style="list-style-type: none"> • Child hopscotches to "store" by Jumping on 2-feet & hopping on 1-foot OR Jumping feet apart & feet together. • When child gets to "store", he rolls die to see how many items to buy. • Child uses tongs to pick-up items. 	<ul style="list-style-type: none"> • Motor planning & body awareness • Strength • Balance • Coordination.

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2014.